



PTSD: Post-Traumatic Stress Disorder with Matthew Currin

- WHAT YOU NEED TO KNOW
- SYMPTOMS OF TRAUMA
- EFFECTS OF TRAUMA

Friday, May 13, 2016 (10:30 am- 12:30 pm)

Rockingham County Wellness Center

509 S Van Buren Rd, Suite C, Eden, NC 27288
(inside Layne's Family Pharmacy)

For Matthew Currin, this is personal. He knows first-hand the impact of PTSD. Now a retired military combat veteran, he is currently a helicopter EMS pilot where he transports gravely sick and injured patients by helicopter to the hospital.

Did you know?

- It is estimated that more than 7.7 million people in the United States could be diagnosed as having a PTSD with women being more likely to have the disorder when compared to men. (SAMHSA)
- Many first responders are battling PTSD.
- More than 3 Million children in the U.S. are believed to have PTSD, and girls are more susceptible than boys. (Boston Children's Hospital)

Registration required:

336-480-8493 or
wellnesscenters@cphs.org.

Cost:

FREE of charge.

"You can't patch a wounded soul with a Band-Aid." — Michael Connelly, The Black Echo

Matthew has experienced many lessons throughout the duration of his career, but there was one night in 2001 that ultimately changed his life and became the motivation for his life's mission. During routine shipboard training off Marine Corps Air Station in New River, NC, Matthew was the lead pilot of one of two CH-46E helicopters. Due to human error, one helicopter impacted the water, killing three Marines, including Matthew's good friend and combat air crewman. Learn more about Matthew's story and how this tragic event impacted his life. His speaking events have changed people.

Who can benefit from this training?

Any member of the public, whether a private citizen or a professional. PTSD affects people of all ages, including children, adults, Veterans, First Responders, women, men – it does not discriminate! **Learn the warning signs, the resources available, and techniques to reduce the likelihood of developing PTSD.**



Left: Image by Paramedic and professional photo artist Daniel Sundahl, who seeks to bring awareness of PTSD in EMS through his art.